



NLP MASTER PRACTITIONER PROGRAMME 2011/12

ORGANIZED BY DD CENTRE

The NLP Master Practitioner Programme (the Programme) will take you further using NLP skills for personal development and business applications, and open you up for more resources hence opportunities that are available to you.

The Programme is designed to provide NLP practitioners with the conceptual, analytical, observational and interactive skills necessary to achieve both conscious and unconscious competence in advanced NLP.

In addition to exploring a variety of applications of Advanced NLP skills, the Programme emphasizes "how to think about thinking", so practitioners are able to be generative with the skills they acquire. It also teaches how to find new patterns and uncover the basic structure of experience so that practitioners may design their own interventions.

Many exercises are designed to enable practitioners to discover for themselves the most important and relevant patterns, strategies and models.

Goals of the Programme include -

- ❖ Identifying and managing the dynamic interplay of Neuro-Logical Levels, Perceptual Positions and Time Frames.
- ❖ Defining a "problem space" in terms of symptoms, causes, outcomes, resources and effects.
- ❖ Strategies for Changing Belief Systems including Re-imprinting, Integration of Conflicting Beliefs, and Time Line Belief Procedures.
- ❖ Advanced patterns for working with Sub-Modalities
- ❖ Advanced Anchoring techniques
- ❖ Systemic NLP patterns and multi-level intervention strategies, Cooperative Learning skills including Co-Coaching Skills, Dynamic Assessment Strategies, and "Intervision" Procedures

Thus, the Programme is centered on fully operating the fundamental presuppositions of NLP by:

- (a) developing conscious competence and flexibility with the essential NLP skills, models and tools;
- (b) developing elegance in managing the multiple levels and multiple perspectives of change and communication; and
- (c) Focusing on more generative change processes such as beliefs, values and identity to create solutions in many different contexts.

Mastery of advanced NLP skills comes from learning to operate within a multidimensional "problem space" embodied by what is known as the S.O.A.R. model in NLP. This model defines learning and change in terms of a set of states and transition states within a system and the operations and operators which influence those states.

Desired results are obtained by defining states and selecting the most appropriate and ecological operations in terms of :

- (a) the level of change;
- (b) the perceptual positions, and
- (c) the time frames involved in creating a situation.

The Programme provides the tools to identify states and apply the appropriate operators necessary to facilitate generative and ecological change:

- Meta Programmes for Problem Solving
- Meta Mapping through Spatial Sorting and Time Line Utilization
- Sleight of Mouth Patterns for Verbal Persuasion and Reframing Limiting Beliefs
- Physiological and Cognitive Patterns Associated with Neuro-Logical Levels
- Strategies for Developing, Recognizing and Utilizing Multiple Perceptual Positions
- Advanced Patterning procedures—Meta Model III and "Mill's Methods"
- Managing Systemic Dynamics—Meta Messages and Psycho-geography
- Defining Problem Space in terms of the S.C.O.R.E. Model.

Session 1: Modeling (29 - 30 Oct 2011)

You will learn the techniques that are the very core of NLP, eg, how to model Behaviours, States, Beliefs and Meta Programme clusters. The various basic NLP models will also be covered. As part of the Master Practitioner programme, you will participate in a modeling project and present it during the Certification session. The session will also explain the various elements in preparing the modeling project.

Session 2a: Generative NLP (Part 1) (19 Nov 2011)

Somatic Syntax is one of the latest development in NLP. It enables you to incorporate the body's natural movements as resources. The new concept brings a whole new dimension to your work and plan. Generative NLP is about gathering resources from the future, the present and the past. You will learn this very powerful tool in this session.

Session 2b: Sleight of Mouth Patterns (20 Nov 2011)

Meta Programmes are tendencies directing our decisions. Sleights of Mouth Patterns are an elegant (advanced) way of changing beliefs linguistically. This knowledge can be used directly in any interaction with others in your personal or business life for belief change and persuasion. The session will also cover a review of what you have learnt in your Practitioner programme.

Session 3: Generative NLP (Part 2)- Belief Change & Self Responsibility (3 – 4 Dec 2011)

The session will cover the Meta-Outcome Model, a very useful tool for emotion management, the General Transformational Frames Model, for effectively helping people to achieve the desired state by establishing resources at the appropriate level of neurology. Various useful processes for belief change and establishing resources will be practiced, eg the Self Parenting Process and the Walking Belief Change Process.

Session 4: Systemic NLP (7 – 8 Jan 2012)

We are all part of various systems with parts that affect each other through different feedback loops. This session examines some of the ways systemic thinking can be applied to belief systems. We will also go into the basics of persuasion and problem solving using the collaborative model. Also for the first time in a Master Practitioner Course you will have some experience using the Burt Hellinger pioneered Family Constellation principles in NLP techniques to help people re-align themselves within major systems.

Session 5: Applications of Third Generation NLP (28 – 29 Jan 2012)

You can't solve a problem with the same kind of thinking that created the problem

Albert Einstein

Third Generation NLP is about creating more systemic and generative approaches to organisational and cultural issues as well as to individuals and teams. It is related more to identity, vision and mission and uses a whole-system perspective.

Third Generation NLP works with the interaction between three different intelligences or "minds":

- A cognitive mind that emerges from the brain;
- A somatic mind centered in the body;
- A "field" mind that comes from our relationship to and connection with larger systems around us.

Between these three minds in order to engender a deeper and more multi-dimensional intelligence.

Third generation NLP provides tools for centering in our somatic core,

- sponsoring the development of greater wholeness within people,
- and connecting through relationships to the wisdom and guidance within the larger systems (collective intelligence) around us.

The techniques of Third generation NLP incorporate principles of self-organization, archetypes and what is known as "fourth position" - the sense of being a part of a larger system.

This session is designed in particular for leaders, coaches, managers and people who are interested in NLP at the leading edge.

Session 6: Integration and Certification (18 -19 Feb* 2012)

This session will consist of first screening of Master Practitioners' modeling projects by our trainers, Jim and Talis, and also culminate in their presenting the projects afterwards and certification by Judith Delozier. (*Note) Exact date of Certification will be confirmed.