

MEET Judith Delozier and EQUIP Ourselves with Skills on
Self-Coaching with NLP in the Era of Artificial Intelligence
To Make a Difference in Our Lives



Public Workshop by Judith Delozier
Co-Developer of NLP (Neuro-Linguistic Programming)
20-21 September 2025 (Saturday – Sunday), Hong Kong

We are living in the generation of Artificial Intelligence(AI), ahead of us are big challenges and uncertainties which are partly created by AI. How could we stay grounded and blossom, while taking advantage of what AI can help us in many aspects of our lives, and how can we handle aspects that, as of now, even the AI technology is unable to help?

NLP has entered its fifth decade as a field of communication study. Its latest generation with its applications are becoming more generative, systemic and focused at higher levels of learning, interaction and development of both individuals and teams. It emphasizes whole system change and can be applied to organizational/communal and cultural development as well.

Perhaps it is the perfect juncture to explore and take stock of how NLP can fit into the scene and contribute in rallying resources to help us ride over the AI wave. The Workshop will equip, refresh and update us with the latest NLP applications and useful toolsets, lead us to experience the change, through exercises and practices, and start of changing in us towards strengthening and blooming in our lives, so that we will take control and feel aligned while steering through the rough sea of future.

What We Get from the Workshop

Powerful Tools and Enlightening from the latest NLP Applications to

- (1) Strengthen and Empower Ourselves for Better Performance and Alignment in the AI Generation
- (2) Back to the Basics to Understand the State of the Being, State of the Field and How to Manage Challenges, over and above what AI can help us.
- (3) Prepare Us for Challenges ahead, Personal Discoveries and Transformation

Who Should Attend

Anyone who wants to Make a Difference and Create Positive Changes and be in Better Control of One's own Life in the AI Era. Knowledge of NLP is not required.

Workshop Synopsis

On soliciting resources to face the many challenges in our lives, it is crucial to recognize our three Brains, namely, the Head (handling Reasoning and Planning, which the AI can contribute quite a lot), the Heart (on Passion and Connection,) and the Gut (relating to Intuition and Evaluation). Aligning the three Brains is an important step for gathering ourselves up for effective planning, problem solving, congruence and perseverance, connecting to ourselves and others, and to the larger system, which in turn will bring about Health, Balance, Peace and Compassion in us.

Among many toolsets to be learnt, the Workshop will lead us to Open to the Field, achieving deep state of Mindfulness: (1) Attuning to the Verbal Mind, drop in self-suggestion: SILENCE; (2) Attuning to the Somatic Mind, drop in self-suggestion: STILLNESS; and (3) Attuning to the Field Mind, drop in self-suggestion: SPACIOUSNESS. We shall also be learning four Self-Mastery Skills: Self-Awareness, Self-Calibration, Self-Adjustment and Self-Anchoring. These will prepare us for the uncertain and challenging way ahead in the AI era.

The Workshop will be highly interactive and enlightening, having a lot of exercises for first hand experiencing and learning (both cognitive and body learning) of connecting to our core, enriching our senses both inside and outside (the larger system), hence expanding and strengthening ourselves for finding and moving on with our life directions, overcoming obstacles and challenges as they come along, and creating positive changes in ourselves as well as our communities, synergizing with what AI will provide to us.

About Judith DeLozier



One of the most inspiring and wisest persons you will ever meet, *Judith DeLozier* brings with her more than 45 years of experience as a trainer, co-developer, and training program designer in the field of NLP.

Being one of *Grinder and Bandler's* original group of students, *Judith* has been contributing significantly to the development of many

NLP models and processes.

A co-author of *The Encyclopedia of Systemic NLP* and *NLP New Coding, Turtles ALL the Way Down*, and *Neuro-Linguistic Programming Vol. 1*, with *Robert Dilts, John Grinder* and *Richard Bandler*, *Judith* was involved in the creation of the fundamental NLP technique of Reframing. As a student of *Milton Erickson*, *Judith* modelled his tracking strategy for creating and utilizing trance states and metaphors.

Judith has been primarily responsible for bringing NLP to the area of transcultural competence, pioneering the applications of NLP to the development of cross-cultural skills. Recently she has set her sight on modelled wisdom and sharing what she has learned with both NLP trained students of various backgrounds.

Over the past 20+ years *Judith* has been very supportive of the NLP community in Hong Kong, through certifying our NLP practitioners and master practitioners, and conducting public workshops here on topics relevant to our personal, career and community development.

2025 Judith Workshop



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Workshop Registration (20-21 September 2025)

Self Coaching with NLP in the Era of AI



Workshop Details

Venue: Chamber 3, InnoCentre, Kowloon Tong, Hong Kong.

Dates: 20-21 September 2025 (Sat & Sun)

Time: 10 am – 6 pm (Reception starts at 9:30 am)

Medium of Instruction: English (*with Putonghua Simultaneous Interpretation*)

REGISTRATION FORM

Printout NAME(S) on Attendance Certificate(s) (BLOCK letters please)

Contact Tel _____ Email _____

Investment (tick as appropriate)

HK\$7,800/person

HK\$7,000/person (EARLYBIRD pay before 20 August 2025)

HK\$6,300/person (GROUP of 3 or more* + EARLYBIRD pay before 20 August 2025)

(* please pay in a Group)

Payment by (tick as appropriate)

Banking-in – bank in amount to HSBC#652-749730-001 and email/photo the bank in slip & this **Form** to enquiry@ddcentre.com, or Whatsapp (852) 9834 2112.

FPS/PayMe – pay via FPS or PayMe using FPS code 109390054/PayMe # 9834 2112 (Account Name: WONG Chung Sang Talisman)

❖ We shall acknowledge receipt of registration & payment by email.

Please let us also how you got to know about this workshop

Referred by _____ (where applicable)

Enquiries : email enquiry@ddcentre.com, or tel : 852 3962 7560/9834 2112